



# The Fisher Way: Curriculum



*The Fisher Way aims to educate and inspire with joy, faith and love because we are an inclusive Catholic community.*

**Successful and resilient** learners who aspire to and achieve excellence

**Confident** individuals who can explore and communicate effectively

**Responsible** citizens who are active, loving and wise in all their endeavours

<b>Subject</b>	PE
<b>Year Group</b>	Year 7
<b>Intent</b>	<p><b>Successful and resilient learners:</b> who understand how to take care of themselves both physically and mentally in order to be successful as adults.</p> <p><b>Confident individuals:</b> who are challenged physically, mentally, and socially to work collaboratively to become the best that they can be.</p> <p><b>Responsible citizens:</b> who understand the importance of leading a healthy active lifestyle and to equip them with the tools to do so through health and wellbeing education, therefore, fostering a life-long passion for sport and healthy active lifestyles.</p>

<b>Narrative</b>	<p>Year 7 Core PE:</p> <ol style="list-style-type: none"> <li>1. Learners will have built on the fundamental skills required to perform at maximum levels in small sided games, in particular the basic principles of attack and defence in sports. They will also have developed the ability to use simple tactics and strategies to outwit the opposition.</li> <li>2. This year links to the development of the fundamental skills that they would have developed at Key Stage 2.</li> <li>3. Learners will develop an understanding of the importance that physical education has on an individual's well-being, equipping them with the tools to participate/engage in sport and lead healthy active lifestyles in the future.</li> </ol>					
<b>Half term</b>	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Knowledge (topics studied)</b>	<p>During KS3, learners carry out a mixture of different sports and games on a rotation basis. These activities include swimming, cross country, rugby, netball, handball, fitness, table tennis, basketball, badminton, volleyball, and dodgeball.</p>	<p>During KS3, learners carry out a mixture of different sports and games on a rotation basis. These activities include swimming, football, fitness, table tennis, basketball, badminton, volleyball, and dodgeball.</p>	<p>During KS3, learners carry out a mixture of different sports and games on a rotation basis. These activities include swimming, football, table tennis, basketball, badminton, volleyball, and dodgeball.</p>	<p>During KS3, learners carry out a mixture of different sports and games on a rotation basis. These activities include swimming, football, table tennis, basketball, badminton, volleyball, and dodgeball.</p>	<p>During KS3, learners carry out a mixture of different sports and games on a rotation basis. These activities include various athletic events.</p>	<p>During KS3, learners carry out a mixture of different sports and games on a rotation basis. These activities include athletics, cricket, rounders, softball and tennis.</p>

<b>Key skills</b>	Passing, receiving, tackling, shooting, dodging, front crawl, back stroke, breaststroke.	Passing, receiving, tackling, shooting, dodging, front crawl, back stroke, breaststroke.	Tackling, dribbling, shooting, passing, front crawl, back stroke, breaststroke, forehand, backhand, serve.	Tackling, shooting, dribbling, passing, front crawl, back stroke, breaststroke, set, dig, serve.	Throwing, running, jumping.	Hitting, catching, fielding.
<b>Cultural capital</b>	History of rugby. Jonny Wilkinson famous drop goal vs Australia in the world cup final in 2003.  *Inspire*	The origin of rugby. The background and rise in popularity over the years.	Ellie Simmonds - Paralympic swimmer. Gold medal winner who overcame difficulties. *Inspire*	Background of football. Originally used to promote physical wellbeing - particularly in working class areas.	Background of football. Originally used to promote physical wellbeing - particularly in working class areas.	History of cricket. The meaning behind the rivalry between England and Australia and how "The Ashes" surfaced.
<b>Assessment</b>	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.