The Fisher Way: Curriculum

The Fisher Way aims to educate and inspire with joy, faith and love because we are an inclusive Catholic community.

Successful and resilient learners who aspire to and achieve excellence

Confident individuals who can explore and communicate effectively

Responsible citizens who are active, loving and wise in all their endeavours

Subject	PE: Core
Year Group	Year 9

Intent	Successful and resilient learners: who understand how to take care of themselves both physically and mentally in order to be successful as adults. Confident individuals: who are challenged physically, mentally and socially to work collaboratively to become the best that they can be. Responsible citizens: who understand the importance of leading a healthy active lifestyle and to equip them with the tools to do so through health and wellbeing education, therefore, fostering a life-long passion for sport and healthy active lifestyles.					
Narrative	Year 9 Core PE: 1. Learners will have focused on developing, implementing and refining team and individual game plans to outwit opponents. Learners will also have been expected to use core skills, implement them in different competitive situations and refine unsuccessful attempts. They will also understand games rules, play a number of roles and physically exert themselves throughout. 2. This year links to the development of the skills that they would have developed in Year 8, incorporating within that the performing of skills within a full game situation as opposed to a small sided game. 3. Learners will develop an understanding of the importance that physical education has on an individual's well-being, equipping them with the tools to participate/engage in sport and lead healthy active lifestyles in the future.					
Half term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

Knowledge (topics studied)	During KS3, learners carry out a mixture of different activities on a rotation basis. These activities include cross country, rugby, netball, handball, fitness, table tennis, basketball, badminton and volleyball.	During KS3, learners carry out a mixture of different activities on a rotation basis. These activities include football, fitness, table tennis, basketball, badminton and volleyball.	During KS3, learners carry out a mixture of different activities on a rotation basis. These activities include football, table tennis, basketball, badminton and volleyball.	During KS3, learners carry out a mixture of different sports and games on a rotation basis. These activities include football, table tennis, basketball, badminton and volleyball.	During KS3, learners carry out a mixture of different sports and games on a rotation basis. These activities include various athletic events.	During KS3, learners carry out a mixture of different sports and games on a rotation basis. These activities include athletics, cricket, rounders and softball.
Key skills	Mauls, rucks, spin pass, utilising space.	Forehand drive, attacking headers, lay-ups, three touch attack.	Creating space, manipulating opponents, forehand drive, three touch attack, top/back spin serve.	Creating space, manipulating opponents, smash, three touch attack, drop shot, short/long serve.	Running, jumping, throwing.	Running, jumping, throwing, long barrier.
Cultural capital	Independently lead own warm up and cool down. Identify major bones and muscles in the human body.	Giving feedback on someone else's performance. Working collaboratively.	Analysing own and others performance.	Co-operation, etiquette, team-work, fair-play, values all promoted.	Respect for others beliefs when fasting promoted etc.	Respecting rules of the game.
Assessment	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.	Individual teacher assessment of performance in sports activities.